## **General Recommendations**

- Secure restricted isolation area; only allow entry and exit by designated trained personnel.
- If owners are to enter isolation area, train on appropriate biosecurity measures before allowing access and monitor their visits.
- Eliminate vehicle and animal traffic in the restricted isolation area.
- Minimize onsite pests, including vermin, birds and insects.
- Restrict pets and all other animals from access to the isolation and adjoining area.
- Deliver all feed, equipment and supplies to an area adjacent to the isolation area and hand deliver to the entry of the isolation area as needed.
- Horse(s) in isolation area should remain in the stall. If horse(s) must be taken out of stall, obtain permission from the onsite veterinarian and event management before moving horse(s). Clean the feet of the horse(s) before movement and monitor movements.

## Hand Washing Protocol

- 1. Hold a clean, freshly-laundered drying towel or disposable paper towels under arm for use after washing hands.
- 2. Ideally, use warm or hot running water.
- 3. Apply antibacterial soap and thoroughly wash all hand surfaces, including the wrists, palms and backs of hands.
- 4. Vigorously rub all lathered surfaces together for twenty (20) seconds.
- 5. For complete cleaning, use a nailbrush to clean fingers and under fingernails.
- 6. Rinse well in a flowing stream of water.
- 7. Hands that are visibly soiled require additional time to clean properly.
- 8. When drying hands, begin at the fingertips and work toward elbows, patting, not rubbing, the skin with the towel.
- 9. Use the towel to cover the faucet when turning off.

## Entry into Isolation Stall

- 1. Prepare supplies and equipment you need.
- 2. Wash hands before entering the area: frequent hand washing is the most important

component in prevention of disease agent spread.

- 3. Wear designated disposable footwear, coveralls and gloves. If not wearing disposable coveralls, launder worn clothing separate from other items after use.
- 4. Use disposable plastic boot covers or rubber footwear; if using rubber footwear, scrub thoroughly with a boot brush and submerse footwear in a disinfectant footbath when entering the area.
- 5. Place a bleach solution foot bath outside the stall and step in the footbath before entering the stall.
- 6. Each horse should have a thermometer for monitoring the body temperature; if sharing a thermometer for horses, clean and disinfect the thermometer between uses.

## **Exit from Isolation Stall**

- 1. Step in bleach solution foot bath when exiting stall. Organic material will inactivate some disinfectants, so change footbath solution when contaminated with organic material and when disinfectant expires.
- 2. Remove designated protective wear (footwear, coveralls and gloves) just before exiting the isolation stall. Remove gloves last, pulling them off from the inside without touching the outside of the gloves.
- 3. Bag all disposable protective wear for appropriate disposal; Bag all reusable protective wear for immediate laundering.
- 4. Blow nose to remove any potential infectious disease organism.
- 5. Immediately wash hands or use an appropriate alcohol-based hand sanitizer.
- 6. Exit isolation area.
- 7. Clean organic material from all equipment before applying a disinfectant; follow manufacturer recommendations for product contact time.
- 8. Ideally, individuals departing the isolation area will shower and change clothes. At a minimum, change clothing and footwear.